



Contacting your Member of Parliament

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**By: Dr. Art Olson,
CFBS Executive Director**

Face to face contact is preferable - the intent should be the development of a dialogue that allows input over time.

If you are going to write your Member, we would suggest the following:

1. Keep it simple. If the letter or e-mail is going to be more than one page in length, start the letter with a summary of your point of view.
2. Don't use a form letter. They become statistics, can detract from getting a message across and don't encourage a dialogue.
3. Limit the number of issues to 2 or 3 at most.
4. Use examples from your own research.

Please send a copy of the correspondence to CFBS to keep us informed.

Addresses and other information regarding Members of Parliament can be found at:
<http://www.parl.gc.ca/>